



## FOREVER ACTIVE FORUM LTD ANNUAL GENERAL MEETING

THURSDAY 17 NOVEMBER 2022 AT 1400 HOURS

This meeting was held online via Zoom.

### MINUTES

#### Attendees:

**Board Members:** Elizabeth Crow; Sue Dabner; Simon Hanna; Stefania van Lieshout; Sue Morley; David Watkinson; Chris Wojtecki

**Operations Manager and Instructors:** Hannah Black; Jane Jones;

**Attendee:** David Hartley

**Members:** Fay Bendall; Ian Griffiths; Margaret Herbertson; David McClean; Penny McClean; Tony Moore; Margaret Phillips; Mike Williams

**Chair of the Meeting:** David Watkinson.

The meeting was asked to acknowledge the extraordinary contribution made by Penny during her 10 years as Chair, her ability to keep Forever Active in financial balance and her oversight of 10 years of development.

#### 1. Apologies for absence:

Received from: Carrie Holbrook (Cambridge City Council); Anne Johnson; Diane Johnston

#### 2. To receive the Annual Accounts for 2021/22

David Watkinson presented the Annual Accounts for 2021/22. These accounts are publicly available on the Forever Active website: [www.forever-active.org.uk](http://www.forever-active.org.uk)

Key points included:

- Although the income trajectory is going in the right direction, FA has continued to face financial challenges following the Covid19 pandemic. The cash base has not significantly improved but nor has it significantly worsened.

- The October 2022 accounts have just been received by the Chair, and again there is evidence of a small recovery.
- Since the AGM held in November 2021, increases in membership and the opening of classes has improved, but recovery remains slow
- Forever Active has survived financially because of reserves accrued in previous years and the securing of a Cambridgeshire County Council/Public Health Contract to provide Community Strength and Balance activities.

David thanked Stefania for her close monitoring of Forever Active's finances and monthly production of accounts for Board Members & the Management Group. He also thanked Sue Morley for fulfilling the role of Treasurer.

Acceptance of the Annual Accounts for 2021/22 was proposed by Dr. Penny McLean. Her proposal was seconded by Sue Morley and Stefania van Leishout.

Subject to sign off by an Independent Examiner, the Accounts will be submitted to (1) Companies House and (2) the Charity Commission

### **3. To receive the Annual Report for 2021/21**

David Watkinson presented the Annual Report. This Annual Report is publicly available on the Forever Active website: [www.forever-active.org.uk](http://www.forever-active.org.uk)

Key points include:

- As in 2020/21, recovering from the impacts of the C19 Pandemic on FA is slow
- This year has seen the number of classes being run rise to 40, but considerable resource has needed to be invested in finding new venues, supporting returning instructors and participants and marketing availability
- A major sponsor of FA strength and balance activities is now Cambridgeshire County Council/Public Health. Two new classes have been developed (Pre-Ffit and Re-Ffit) designed to complement the established strength and balance class model and to enable participants to progress.

Again, David extended thanks on behalf of the Board to Jane Jones, to Hannah Black and Jenny Hays.

Specifically, the meeting was asked to acknowledge the critical role played by Jane Jones, Operations Manager, in maintaining the delivery of classes online during the height of the Covid-19 pandemic, for striving to retain instructors and members and for driving the delivery of Forever Active.

Acceptance of the Annual Report was proposed and accepted by 10 members present, with one member abstaining.

The Annual Report will be submitted to (1) Companies House and (2) the Charity Commission.

#### 4. Election to the Board:

**a) Re-election as Directors/Trustees:** Simon Hanna, Anne Johnson, Chris Wojtecki and David Watkinson. **Proposed and Agreed**

**b) To elect:** David Hartley as new Directors/Trustee. **Proposed and Agreed**

**c) To acknowledge the role and dedicated work of Directors/Trustees retiring:** Elizabeth Crow; Sue Dabner, Stefania van Lieshout and Sue Morley

#### 5. AOB:

Cessation of FA Tennis at David Lloyd.

The Chair acknowledged the concerns raised by Mike Williams about the cessation of FA tennis opportunities at David Lloyd.

Mr Williams has outlined his concerns in writing to David Watkinson as Chair of the Board and acknowledges that replies had been sent.

After discussing both the concerns raised, and the rationale behind decisions made by the Board the disappointment felt by former tennis players using David Lloyd facilities was acknowledged.

The outcome of this discussion was confirmation that although FA remains committed to offering racket sports, this will only be possible when FA has the resources to develop new racket classes in ways which meet the quality standards FA requires.

Tony Moore thanked Mike Williams for bringing forward the concerns of former tennis players/David Lloyd.

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There being no other business matters raised the Annual General Meeting ended at 1515 hours