

**Forever Active Forum Ltd**  
**Equipment & Clothing Order Form**



Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Post Code \_\_\_\_\_

Forever Active membership number (If applicable): \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

**Resistance bands and Strength and Balance books:**

**Please note:** The colour / resistance coding of the bands varies upon the manufacturer. The bands purchased from Forever Active will be consistent with the descriptions detailed below.

Equipment	Cost £	Postage & Packaging	Number required	Total Cost £
Pink Dyna Band (Light resistance)	£3.00	£1.60		
Purple Dyna Band (Medium resistance)	£3.80	£1.60		
Green Dyna Band (Strong resistance)	£4.60	£1.60		
Strength and Balance book to support you with your exercises at home (updated Jan 2017)	£5.00	£1.60		
Strength & Balance DVD	£4.00	£1.55		
Forever Active Exercise Adjustable Weights	£20.00	Free		



**Forever Active Exercise T-Shirts:**

**Please note:** The T-Shirts come in purple and a light breathable material, ideal for exercising. If your T-Shirt does not fit, please return it to your instructor within 2 weeks of receipt. The Enquiries Team will be notified and your cheque will be returned.

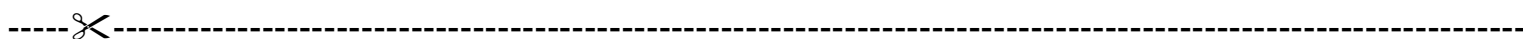
Clothing	Cost £	Postage & Packaging	Number required	Total Cost £
SMALL (10-12)	£12.00	£1.60		
MEDIUM (12-14)	£12.00	£1.60		
LARGE (14-16)	£12.00	£1.60		

<b>TOTAL ORDER COST: £</b> _____	<b>CASH OR CHEQUE?</b> _____
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Please enclose a cheque for the total amount made payable to 'Forever Active Forum Ltd'. We will aim to process and dispatch your equipment order within 14 days.

**Please return the order form with payment to Forever Active Ltd, PO Box 974, Cambridge, CB24 9X**

If you have any queries please contact on 07432 480105 or email; enquiries@forever-active.org.uk



Office Use Only:

<b><u>Forever Active Payment Receipt</u></b>	
£.....	Cash/Cheque received from .....
Taken by: .....	Date.....
Date item dispatched: .....	Signed.....