



**FOREVER ACTIVE AUTUMN FORUM followed by the
FOREVER ACTIVE FORUM LTD ANNUAL GENERAL MEETING**

Thursday 28th November, 2019 at the Central Library, Cambridge

Attendees

Members/FA Instructors

Jean Levison, Margaret Phillips, June Hesketh, Margaret Cowling, Elin Gershund, David Miller, Angela Driver, Maureen Smith, Frances Murchison, Rosie Stebbings, Sue Imrie, Ann Hutchison, Susan Barnes, Maida Lowe, Pip Smith, Veronica Cambridge, Angie Cole, Sue Griffin, Mike Tabrett, Peggy Gallagher, Margaret Hyde, Susan Harrison, Helen Allan, Paul Allan, Carol Hosmer, Ann Scotney

Jane Jones (Development Officer)

Board Members/Trustees

Penny Granger, David McClean, David Watkinson, Liz Crow, Sue Morley, Anne Johnson, Diane Johnston

FORUM

Mike Tabrett, F.A. T'ai Chi Instructor, gave an excellent presentation and taster session of T'ai Chi.

ANNUALGENERAL MEETING

21 people remained for the Annual General Meeting

1. Apologies: Joan Aliwell, Julia Popp, Liz Roman, Jean and David Champion

2. To receive the accounts for 2018/19

David Watkinson presented the accounts from which it was noted that class income has exceeded £100,000 for the first time showing a steady growth over the last five years, and there is a notable increase in membership. FA is running more classes resulting in extra expenditure paying instructors and increased hall hire.

Total expenditure amounting to £140,000 but noted a large one off cost of £4,716 to purchase weights for all the strength and balance classes.

David said that FA is in a positive situation going into next year.

Sue Morley **proposed** that the Annual Accounts be received.

This was carried nem con.

3. To receive the Annual Report for 2018/19

David Watkinson presented the Annual Report. It was noted that Forever Active had had a successful year – more members, more classes, increased attendance.

County classes are well attended, and thanks to Jane Jones, who is working very hard around the County.

Chesterton – Forever Active is no longer running classes at Chesterton Sports Centre but has started additional classes around the Chesterton area

The sudden death of one of our instructors, James Durrant, was a great blow to FA and James will be particularly missed in the Ely area

Davina Mee resigned her post co-ordinating Instructors and this role is being covered by Jane Jones, with assistance.

The Bookkeeping Company has been appointed to help with FA accounts.

Thanks to members and David McClean, we are now receiving gift aid from the Government.

Highlights of the year

Membership now 840

Of which 45% are in the 70-79 age group and 4% over 90

Brochures are still produced but important to encourage members to check the website as it is kept up to date. Noted Facebook has not proved popular.

Thanks were expressed to Jane Jones for producing the e-newsletter.

Agenda for the coming year

Enable payments to be made electronically and David Watkinson is looking into this.

David also made a plea for new Board members with fundraising skills, IT skills and financial skills.

Liz Crow **proposed** that the Annual Report for 2018/19 be received.

This was carried nem con.

4. To re-elect the Directors/Trustees

Proposed:Helen Allen. **Seconded:** Margaret Phillips

The present Directors/Trustees were re-elected en bloc for the coming year.

5. AOB There was no further business.

Board Meeting following the AGM

Appointment of Chair David McClean proposed that Penny Granger be re-elected Chair for the coming year. There being no other nominations, she was declared elected.

Appointment of other officers Penny Granger proposed that the Vice Chair, Secretary, and Treasurer, be re-elected and this was carried nem con.